

*Perinatal Education  
Consortium of Central &  
Southeastern Ohio*  
**P.E.C.C.S.O.**



August - December 2009  
Class Offerings

## Directions to Hospitals

Please use the following hospital websites to access directions to each class location.

Berger Health System, Circleville - [www.bergerhealth.com](http://www.bergerhealth.com)

Coshocton County Memorial Hospital, Coshocton - [www.ccmh.com](http://www.ccmh.com)

Doctor's Hospital West, Columbus - [www.ohiohealth.com](http://www.ohiohealth.com)

Dublin Methodist Hospital, Dublin - [www.ohiohealth.com](http://www.ohiohealth.com)

East Ohio Regional Hospital - [www.eastohioregionalhospital.com](http://www.eastohioregionalhospital.com)

Fairfield Medical Center, Lancaster - [www.fmchealth.org](http://www.fmchealth.org)

Genesis HealthCare System, Zanesville - [www.geneshcs.org](http://www.geneshcs.org)

Grady Memorial Hospital, Delaware - [www.ohiohealth.com](http://www.ohiohealth.com)

Grant Medical Center, Columbus - [www.ohiohealth.com](http://www.ohiohealth.com)

Holzer Medical Center, Gallipolis - [www.holzer.org](http://www.holzer.org)

Knox Community Hospital, Mount Vernon - [www.knoxcommhosp.org](http://www.knoxcommhosp.org)

Licking Memorial Hospital, Newark - [www.lmhealth.org](http://www.lmhealth.org)

Madison County Hospital, London - [www.madisoncountyhospital.org](http://www.madisoncountyhospital.org)

Marietta Memorial Hospital, Marietta - [www.mmhospital.org](http://www.mmhospital.org)

Marion General Hospital, Marion - [www.ohiohealth.com](http://www.ohiohealth.com)

Memorial Hospital of Union County, Marysville - [www.memorialhosp.org](http://www.memorialhosp.org)

Mount Carmel East Hospital, Columbus - [www.mountcarmelhealth.com](http://www.mountcarmelhealth.com)

Mount Carmel Saint Ann's, Columbus - [www.mountcarmelhealth.com](http://www.mountcarmelhealth.com)

Mount Carmel West Hospital, Columbus - [www.mountcarmelhealth.com](http://www.mountcarmelhealth.com)

Nationwide Children's Hospital, Columbus - [www.nationwidechildrens.org](http://www.nationwidechildrens.org)

Riverside Methodist Hospital, Columbus - [www.ohiohealth.com](http://www.ohiohealth.com)

Southern Ohio Medical Center, Portsmouth - [www.somc.org](http://www.somc.org)

The Ohio State University Medical Center - [www.medicalcenter.osu.edu](http://www.medicalcenter.osu.edu)

Trinity Health System - [www.trinityhealth.com](http://www.trinityhealth.com)

# PECCSO Registration Form

March 2009-February 2010 Officers

*Please copy registration form if necessary.*

**ONE REGISTRANT/ONE PROGRAM PER FORM.**

Program Title \_\_\_\_\_ Date Attending \_\_\_\_\_

Name \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

Employer \_\_\_\_\_

Course fee amount enclosed:

\$ \_\_\_\_\_

- Member (\$15)
- Non-member (\$50)
- \* Special Fee (See course description)

**Make check/money order payable to: PECCSO**

**Mail to:**  
Region IV Perinatal Center/PECCSO  
N118 Doan Hall  
410 W 10<sup>th</sup> Ave  
Columbus OH 43210

*See class details for course registration deadlines.*

*Confirmations will be sent via email or written confirmation.*

|                            |                    |
|----------------------------|--------------------|
| <b>FOR OFFICE USE ONLY</b> |                    |
| Received                   | _____              |
| Check #                    | _____ Amount _____ |
| C/S                        | _____              |

## **President**

Rhoda King  
Genesis HealthCare System  
[rhoking@genesis.org](mailto:rhoking@genesis.org)  
(740) 454-4579

## **Vice-President**

Laura Smith  
Grady Memorial Hospital  
[lsmith5@ohiohealth.com](mailto:lsmith5@ohiohealth.com)  
(740) 368-5510

## **Secretary**

Robin Driver  
Mount Carmel East  
[rdriver@mchs.com](mailto:rdriver@mchs.com)  
(614) 234-9447

## **Treasurer**

Linda Newhouse  
Riverside Methodist Hospital  
[lnewhou@ohiohealth.com](mailto:lnewhou@ohiohealth.com)  
(614) 566-5393

## **Historian**

Doreen Zimmerman  
Mount Carmel St Ann's  
[dzimmerman@mchs.com](mailto:dzimmerman@mchs.com)  
(614) 898-4631

March 2009 - February 2010

Member Institutions

- Berger Health System
- Coshocton County Memorial Hospital
- Doctor's Hospital West
- Dublin Methodist Hospital
- East Ohio Regional Hospital
- Fairfield Medical Center
- Genesis HealthCare System
- Grady Memorial Hospital
- Grant Medical Center
- Holzer Medical Center
- Knox Community Hospital
- Licking Memorial Hospital
- Madison County Hospital
- Marietta Memorial Hospital
- Marion General Hospital
- Memorial Hospital of Union County
- Mount Carmel East Hospital
- Mount Carmel Saint Ann's
- Mount Carmel West Hospital
- Nationwide Children's Hospital Inc.
- Riverside Methodist Hospital
- Southern Ohio Medical Center
- The Ohio State University Medical Center
- Trinity Health System

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## General Information

The Perinatal Education Consortium of Central & Southeastern Ohio (PECCSO) is a collaborative effort of perinatal professionals who represent birthing hospitals and Children's Hospital in the Region IV outreach area. The goal of PECCSO is to provide consistent evidence based education through regional partnership.

## Registration Information

- ◆ Registration deadline for all classes is 10 days before program date. PECCSO reserves the right to cancel a class for insufficient attendance or inclement weather.
- ◆ NO REFUNDS after deadline. Substitutions are welcome.
- ◆ Registration begins 30 minutes prior to the class time.
- ◆ A \$35.00 fee will be assessed for all checks returned for non-sufficient funds.
- ◆ A sweater is recommended as room temperatures can vary.

## Continuing Education Information

- ◆ An evaluation and attendance at entire offering is required to receive credits.
- ◆ If payment has not been received by the day of the workshop, PECCSO reserves the right to hold the contact hour certificate until payment has been received.
- ◆ A \$10.00 fee will be assessed for a duplicate certificate for past educational programs. Contact the PECCSO office at (614) 293-6245 to request a copy.
- ◆ See class description for individual course contact hours.

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Home Address \_\_\_\_\_

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Region IV Perinatal Center/PECCSO  
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### FOR OFFICE USE ONLY

Received \_\_\_\_\_

Check # \_\_\_\_\_ Amount \_\_\_\_\_

C/S \_\_\_\_\_

## OB Emergencies

### Description

This class is designed for perinatal nurses to gain knowledge on the recognition and management strategies for patients experiencing an obstetrical emergency. Topics include: perinatal hemorrhage, amniotic fluid embolism, uterine rupture, breech presentation, epidural emergencies, DIC nurse assisted deliveries, and shoulder dystocia. Nurses will participate in a nurse assisted delivery drill and a shoulder dystocia drill.

### Course Objectives

1. Describe clinical presentation, nursing assessment, and management strategies for women with a fetal breech presentation.
2. Explain the role of the nurse during a newborn delivery in the absence of an MD/CNM.
3. State how to recognize and manage shoulder dystocia.
4. Discuss the correct use of fundal pressure.
5. Demonstrate how to reduce shoulder dystocia and deliver a newborn baby.
6. Identify nursing responsibilities in an epidural emergency.
7. Discuss clinical presentation and management of amniotic fluid embolism and uterine rupture.
8. Discuss clinical presentation, nursing assessment, and management strategies for women experiencing perinatal hemorrhage.
9. Describe the clinical manifestation, nursing assessment and management strategies for DIC.

### Information

**Contact hours:** 5.5 contact hours

**Faculty:** Linda Newhouse, MSN, RNC, WHNP, or Judy Bowles, RNC

**Class Size:** 14

|                 |                                |
|-----------------|--------------------------------|
| <b>Date</b>     | <b>December 2, 2009</b>        |
| <b>Time</b>     | 9:00 - 4:00 pm                 |
| <b>Deadline</b> | November 20, 2009              |
| <b>Location</b> | Mount Carmel Saint Ann's       |
| <b>Room</b>     | West Wing Conference Room 306B |

### Fees

PECCSO Member Hospitals: \$15.00\*

Non-member Hospitals: \$50.00\*

Make checks/money orders out to: **PECCSO**

Mail with completed registration form to:

Region IV Perinatal Center/PECCSO  
N-118 Doan Hall  
410 W 10<sup>th</sup> Ave  
Columbus OH 43210-1228

\* Some classes may have a special fee. See details under course descriptions.

### Contact Information

For questions or additional information contact Jeri Wallace, PECCSO Administrative Secretary, at (614) 293-6245 (between 8:00 am to 1:00 pm) or by e-mail at [wallace.27@osu.edu](mailto:wallace.27@osu.edu).

### **In the event of inclement weather:**

- ◆ If there is a Level II or Level III Snow Emergency in the county of the host hospital – Class will be cancelled.
- ◆ If there is a Level I Snow Emergency in the county of the host hospital – use your own discretion as to whether you want to travel or not. Class will be held.
- ◆ A recorded message will be posted on (614) 293-6245 by 8:00 pm regarding class cancellations for the next day.

## Lead the Way!

**Description**

This course is designed to develop the leadership and communication skills of charge nurses, team leaders, and even nurse managers. Topics include current trends in nursing and healthcare, increasing safety in the workplace, professional boundary issues, appropriate delegation, interviewing skills, and dealing with conflict.

**Course Objectives**

1. Discuss major trends affecting healthcare today.
2. List several ways to make nursing more appealing to the next generation.
3. Describe similarities between the aviation and healthcare industries when it comes to teamwork and patient safety.
4. Individualize professional communication skills to different situations.
5. Discuss appropriate delegation of nursing tasks, being consistent with Ohio's Nurse Practice Act.
6. Discuss professional boundary issues in relation to Ohio's Nurse Practice Act.
7. Apply Servant Leadership Theory to the healthcare environment.
8. Implement different conflict resolution methods when dealing with difficult people.
9. Describe how to interview for key traits to hire the nurse you really want.

**Information**

**Contact hours:** 7.25 contact hours (1.25 contact hours in Category A)

**Faculty:** Mary Benson-Landau, MSN and Sharon Orozco, MSN

**Class Size:** 90

|                 |                           |
|-----------------|---------------------------|
| <b>Date</b>     | <b>August 4, 2009</b>     |
| <b>Time</b>     | 8:00 - 5:00 pm            |
| <b>Deadline</b> | July 24, 2009             |
| <b>Location</b> | Licking Memorial Hospital |
| <b>Room</b>     | Auditorium                |

## High Risk OB Class

**Course Objectives**

1. Explain risk factors and management for patients with premature rupture of membranes.
2. Describe current management options for preterm labor.
3. Review basic pathophysiology of normal and abnormal glucose metabolism in pregnancy.
4. Describe management of Type 1, Type 2, and gestational diabetes in pregnancy.
5. Discuss safe administration of magnesium sulfate.
6. List four (4) prenatal test for chromosomal and genetic disorders.
7. Review common chromosomal abnormalities.
8. Explain the clinical assessment and management options for patients with pre-eclampsia and HELLP.
9. Discuss how to screen pregnant patients for domestic violence.
10. Describe trauma management for the pregnant patient.

**Information**

**Contact hours:** An application has been submitted to the Ohio Nurses Association. Please contact Linda Newhouse [atlnewhous@ohiohealth.com](mailto:atlnewhous@ohiohealth.com) for more information about contact hours.

**Faculty:** Linda Newhouse, MSN, RNC, WHNP; Hetty Walker; Ashlee Lake, BS, RN; Jackie Thornberry, RNC; Carolee Noonan

**Class Size:** 50

|                 |                               |
|-----------------|-------------------------------|
| <b>Date</b>     | <b>October 26, 2009</b>       |
| <b>Time</b>     | 9:00 - 4:30 pm                |
| <b>Deadline</b> | October 16, 2009              |
| <b>Location</b> | Riverside Methodist Hospital  |
| <b>Room</b>     | Riverside Health Center A & B |

## Care of the Late Preterm Infant Class

### Description

This course is designed for nurses caring for or interested in the care of the late preterm infant (formerly known as the near term infant). In this course we will discuss the alarming increase in the number of late preterm births, the problems associated with this population of infants, the nursing care of the late preterm infant as well as their long term outcomes.

### Course Objectives

1. Describe the increasing problem and cost of late Preterm births in the United States.
2. List at least three complications associated with late Preterm births.
3. Discuss the care of the late Preterm infant.
4. Identify the long-term outcomes of the late Preterm infant.

### Information

**Contact hours:** 5.5 contact hours  
**Faculty:** Gail Bagwell, RN, MSN  
**Class Size:** 60

|                 |                             |
|-----------------|-----------------------------|
| <b>Date</b>     | <b>October 22, 2009</b>     |
| <b>Time</b>     | 9:00 - 4:30 pm              |
| <b>Deadline</b> | October 12, 2009            |
| <b>Location</b> | East Ohio Regional Hospital |
| <b>Room</b>     | Ruth Brant McGuire Room     |

## Basic Fetal Monitoring

### Description

This class is appropriate for newly hired nurses, nurses new to the labor and delivery unit, and nurses wishing a refresher course. Fetal heart monitoring interpretation will include the new National Institute of Child Health and Human Development (NICHD) standardized definitions.

### Course Objectives

1. Describe how fetal heart rate patterns relate to uteroplacental perfusion.
2. Describe how the Nursing Process relates to fetal monitoring interpretation.
3. Identify methods of fetal heart rate and uterine activity monitoring.
4. Describe fetal heart rate characteristics.
5. Identify appropriate nursing interventions in response to fetal heart rate patterns and a non-reassuring fetal heart rate tracing.
6. Identify appropriate physiological goals in response to fetal heart rate patterns.
7. Document assessment, goals, interventions, patient response, and patient evaluation of the fetal heart rate in a clear and objective manner.
8. Describe types of antepartal fetal assessments commonly used.

### Information

**Contact hours:** 7.0 contact hours  
**Faculty:** Catharine Sansbury, BSN, RNC  
**Class Size:** 30

|                 |  |
|-----------------|--|
| <b>Date</b>     | <b>September 1, 2009</b>                 |
| <b>Time</b>     | 8:00 - 4:00 pm                           |
| <b>Deadline</b> | August 21, 2009                          |
| <b>Location</b> | OSUMC Martha Morehouse Medical Pavillion |
| <b>Room</b>     | Rm 1233 Concourse Building               |

## Mother/Infant Class

### Description

This course is designed to cover the “A, B, C’s” of mother and newborn care for the novice and experienced nurse. We will start with transitioning and continue thru assessment and treatment. Topics for newborns includes skin to skin, daily assessment, blood glucose monitoring, MRSA screening and treatment, hyperbilirubinemia, common medications, newborn/hearing screening, infant security and discharge teaching. Topics for the mother include mother/baby couplet care, normal physiology, assessment, complications, common medications, PP mood disorders, shaken baby information, safe sleep, and discharge instructions.

### Information

**Contact hours:** An application has been submitted to the Ohio Nurses Association. Please contact Virginia Shaffer at vshaffer2@mchs.com for more information about contact hours.

**Faculty:** Linda Newhouse, MSN, RNC, WHNP; Virginia Shaffer, RNC-MNN; Michele Sweet, BSN, RN

**Class Size:** 30

|                 |                           |
|-----------------|---------------------------|
| <b>Date</b>     | <b>September 30, 2009</b> |
| <b>Time</b>     | 9:00 - 5:00 pm            |
| <b>Deadline</b> | September 21, 2009        |
| <b>Location</b> | Marion General Hospital   |
| <b>Room</b>     | Marion Room               |

## Advanced Fetal Monitoring

### Description

This class is designed to provide the experienced Labor and Delivery nurse with advanced knowledge related to Fetal Monitoring. This class is appropriate for Labor and Delivery nurses with more than one year of fetal heart rate interpretation and who have taken a basic fetal monitoring course. Class format includes a detailed Power Point presentation, handouts, and case studies.

### Course Objectives

1. Discuss guidelines established in the “JCAHO Sentinel Event Alert #30 on Perinatal Death and Disability.”
2. Address updated guidelines from the 2008 NICHD Workshop Report on Electronic Fetal Monitoring.
3. Recognize the physiological relationships between maternal utero-placental-fetal units which establish the basis for FHR interpretation.
4. Evaluate the relationship of intrapartum events on fetal acid-base balance and nursing interventions applied in such situations.
5. Explain rationales for interventions used to correct abnormal uterine contraction patterns and FHR abnormalities based on NICHD definitions, interpretation and research guidelines.
6. Discuss methods of communicating the FHR tracing with the provider and perinatal staff using SBAR model.
7. Explain clinical tools (fetal movement, NST, fetal stimulation, BPP (biophysical profile) and modified BPP scoring), used to establish a plan of care for maternal-fetal well-being.
8. Show examples of fetal cardiac dysrhythmias and explain significance and nursing responsibilities when such patterns are identified.

### Information

**Contact hours:** 7.0

**Faculty:** Karla P. Perrotta, RNC-OB, MSN, FMC, NRP

**Class Size:** 40

|                 |                           |
|-----------------|---------------------------|
| <b>Date</b>     | <b>October 8, 2009</b>    |
| <b>Time</b>     | 8:30 - 4:00 pm            |
| <b>Deadline</b> | September 28, 2009        |
| <b>Location</b> | Dublin Methodist Hospital |
| <b>Room</b>     | Classroom 1               |