

Blood Sugar Record for Pregnant Women with Diabetes Taking Insulin

Name: _____

Date	Blood Sugar at 3:00 AM	Fasting Blood Sugar Before Breakfast	Morning Insulin	Blood Sugar 2 Hours After Breakfast	Blood Sugar Before Lunch	Lunch Insulin	Blood Sugar 2 Hours After Lunch	Blood Sugar Before Dinner	Dinner Insulin	Blood Sugar 2 Hours After Dinner	Blood Sugar at Bedtime	Bedtime Insulin

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***Note: Please bring this record to each clinic visit.**