

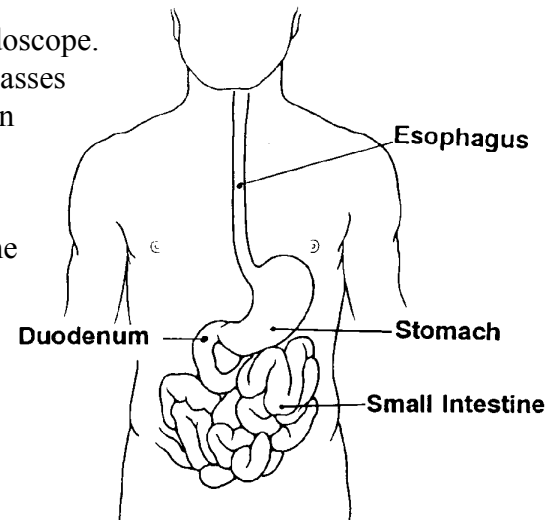
Endoscopic Ultrasonography (EUS)



You are scheduled for a test called an Endoscopic Ultrasonography (EUS). An EUS allows your doctor to look at the esophagus, stomach and the small intestine. Other organs close to this area may also be studied.

The EUS is done with an instrument called an ultrasonic endoscope. This is a narrow, flexible tube with a small balloon tip that passes through the mouth into the upper digestive tract. The balloon is flat when the tube is put in and taken out.

This tube allows the doctor to perform an ultrasound exam from inside the body. The ultrasound provides pictures of the gut wall layers and nearby organs. This test helps your doctor make decisions about your illness and plan specific treatments.



The day before the test:

- On the day before the test you may eat your regular meals. The night before EUS, do not eat or drink anything after midnight. Your stomach must be completely empty for the best possible examination.

During the test:

- A needle will be put into your vein (IV). You will be given medicine through the IV to help you relax.
- You may be given a novocaine-like spray to the back of your throat to numb this area.
- You will begin the test by resting on your left side. The doctor will pass the endoscope, thinner than most of the food you swallow, through your mouth into the esophagus, stomach, and duodenum. **This tube will not cause a problem with your breathing.**
- This test lasts about 30 - 45 minutes and is most often tolerated with little or no discomfort.

After the test:

- You may feel drowsy and sleep for a short time after the test.
- A nurse will check on you to see how you are feeling.
- After the exam, you may be asked not to eat or drink for 1 hour.

An EUS is an important test. Please ask your doctor or nurse if you have any questions or concerns.

Outpatients:

- Your appointment is scheduled on (date)_____ at (time)_____.
- If you are 30 minutes or more after your appointed time, you may be rescheduled.
- You are scheduled to have your test done at:
 - University Hospital** - Come to the 2nd floor, Doan Hall. Report to the Outpatient Registration Desk to check in for your appointment. You will be directed to the Endoscopy Department, Room N-220. Call 614-293-8784 if you need to change your appointment or if you have other questions.
 - University Hospital East** - Come to the West Entrance Registration desk. The test will be done on North 2 in the Endoscopy Lab. If you need to change your appointment time or have other questions, please call your doctor's office.
- Plan to be at the hospital for 2-3 hours for the test and your recovery.
- You must have a responsible adult pick you up after your test to drive you home. The medicine given to help you relax during the test will affect your judgment and reflexes for much of the day. You will not be permitted to leave alone to drive, take a bus or cab or walk home. You must have an adult to go with you in a cab or bus.

It is best to have the person come with you to your test. If this is not possible, the staff will need to call and talk to the person when you arrive. If someone is not with you or we are not able to confirm that someone will be able to pick you up, your test will be rescheduled. This is for your safety.

- You will be asked to give the following information to your nurse or your doctor before your test:
 - ▶ Medicines you are taking, both prescription and over the counter drugs
 - ▶ All allergies
 - ▶ Medical conditions and surgeries
 - ▶ If you are pregnant

Please ask if you have any questions about this test.

If you would like more written information, please call the Library for Health Information at (614)293-3707. You can also make the request by e-mail: health-info@osu.edu.